

Daphne Y. Liu, Ph.D.

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University of Missouri-St. Louis
One University Blvd, St. Louis, MO 63121

EDUCATION

Doctor of Philosophy in Psychological and Brain Sciences 2022
with Graduate Certificate in Quantitative Data Analysis

Washington University in St. Louis

Research advisor: Renee J. Thompson, Ph.D.

Dissertation: Interpersonal emotion regulation in current and remitted major depressive disorder: An experience sampling study

**Recipient of the 2023 Society for Affective Science Best Dissertation in Affective Science Award*

Pre-Doctoral Internship: Emory University School of Medicine Internship in Health Service Psychology

Master of Arts in Psychological and Brain Sciences 2018

Washington University in St. Louis

Research advisor: Renee J. Thompson, Ph.D.

Master's thesis: Emotion differentiation moderates the effects of rumination on depression: A longitudinal study

Bachelor of Science in Psychology (Summa Cum Laude with highest Honors) 2015
with Minor in Computer Science

University of California, San Diego

Thesis advisor: Sidney Zisook, M.D.

Honors thesis: Social contact and cross-cultural adjustment of Asian international students

**Recipient of the 2015 UCSD Norman Henry Anderson Award for Outstanding Honors Thesis*

AWARDS, HONORS, AND FELLOWSHIPS

College of Arts and Sciences Travel Grant, University of Missouri-St. Louis 2025

Best Dissertation in Affective Science Award, Society for Affective Science (SAS) 2023
Awarded for outstanding dissertation research in affective science

Diversity Trainee Award, Society for Affective Science (SAS) 2023
Awarded for contribution to diversity of the SAS membership and affective science research

Individual Development Awards, New York State/United University Professions Committees 2023
Awarded for conference attendance and presentations from 2022-2023

The Spencer T. and Ann W. Olin Fellowship for Women in Graduate Study, 2016 – 2022
Washington University in St. Louis
Awarded for women in graduate studies who have “exceptional promise to become leaders in society;” this fellowship provides tuition remission, stipends, and travel funding for six years

Health Service Psychology Trainee Travel Award for Outstanding Professional Contributions, 2022
Emory School of Medicine
Awarded for presenting research at a national conference

Conference Travel Awards, Washington University in St. Louis 2017 – 2020
Awarded annually for presenting research at national conferences

Departmental Graduate Student Research Grant, Washington University in St. Louis 2017

Awarded to support subject recruitment for my research examining interpersonal emotion regulation among romantic couples

Provost Honors, UC San Diego 2012 – 2015

Awarded for high academic performance for each quarter

Norman Henry Anderson Award for Outstanding Honors Thesis, UC San Diego 2015

Awarded for the high quality of my honors research project and thesis

Norman Henry Anderson Travel Grant, UC San Diego 2015

Awarded for presenting research at the Stanford Annual Undergraduate Psychology Conference

Thurgood Marshall College Outstanding Senior Award Recognition, UC San Diego 2015

Awarded for high academic performance and overall contribution to Marshall College

John A. Majda, M.D. Memorial Foundation (\$5,000) 2015

Awarded to support subject recruitment for my undergraduate honors thesis

Annual Student Leadership Recognition for Year 2013-2014, UC San Diego 2014

Awarded for my leadership position at a student organization at UC San Diego

PEER-REVIEWED JOURNAL PUBLICATIONS

⁺ denotes equal contribution; * denotes students or junior colleagues for whom I served as a mentor for the project

22. Berkowitz, A. W.*, **Liu, D. Y.**, English, T., & Thompson, R. J. (*accepted*). Looking beyond the means and into momentary dynamics: Associations between momentary affect and emotion regulation strategy use in major depressive disorder. *Emotion*.

21. Perry, N. S., **Liu, D. Y.**, Harlan, D., Miller, J. V., Rubin, A., & Rhoades, G. K. (*in press*). After Obergefell: Legally married status is associated with lower depressive symptoms among cisgender sexual minority couples. *Psychology of Sexual Orientation and Gender Diversity*.

20. Luginbeuhl, T., **Liu, D. Y.**, Miller J. V., & Davila, J. (*in press*). Romantic Relationships and Depression. *APA Handbook of Depression*. American Psychological Association.

19. Le, Y., Lee, J., **Liu, D. Y.**, Perry, N. S., & Rhoades, G. K. (*in press*). Does sociodemographic disadvantage moderate the impact of MotherWise: Findings from a randomized controlled trial. *Journal of Family Psychology*.

18. **Liu, D. Y.**, Perry, N. S., Demers, C. H., Hyer, J. S., Alamo, A., Vuksanovich, P., Dube, N., Flanagan, E. R., Gallop, R. J., Rhoades, G. K., & Davis, E. P. (2025). Virtual versus In-person ROSE program (La Luz) as universal prevention for perinatal depression: Protocol for a randomized controlled trial in a safety net hospital. *Contemporary Clinical Trials*, 107988. <https://10.1016/j.cct.2025.107988>

17. **Liu, D. Y.**⁺, Berkowitz, A. W.⁺*, English, T., & Thompson, R. J. (2025). How might interpersonal emotion regulation shape well-being? A naturalistic investigation of its impact on subsequent affect and intrinsic emotion regulation. *Emotion*. Advance online publication. <https://doi.org/10.1037/emo0001536>

16. Chapman, C. *, **Liu, D. Y.**, Stanley, S. M., & Rhoades, G. K. (2025). Thinking about moving in together? Reasons for cohabitation are associated with relationship outcomes over time. *Family and Couples Psychology: Research and Practice*. Advance online publication. <https://doi.org/10.1037/cfp0000286>

15. Zhang, S., Tang, Y.-L., Nehl, E., Oh, S. J., Bai, J., **Liu, D. Y.**, Fu, J.-C., Jiang, F., Liu, H., Liu, Y., Zhang, C. & Kaslow, N. J. (2025). Wellness program preferences and associated factors among Chinese healthcare professionals during the COVID-19 pandemic. *Psychological Services*. Advance online publication.

<https://10.1037/ser0000964>

14. Thompson, R. J., **Liu, D. Y.**, & Lai, J. (2024). What predicts the initiation and outcomes of interpersonal emotion regulation in everyday life? *Motivation and Emotion*, 48, 776-790. <https://doi.org/10.1007/s11031-024-10089-8>
13. Zhang, S., **Liu, D. Y.**, Bai, J., Fu, J.-C., Jiang, F., Nehl, E., Liu, H., Liu, Y., Zhang, C., Tang, Y.-L., & Kaslow, N. J. (2024). Psychological effects of trauma, negative and positive coping, resilience, and psychological distress of Chinese healthcare workers during the COVID-19 pandemic. *Journal of Mood and Anxiety Disorders*, 5, 100046. <https://doi.org/10.1016/j.xjmad.2023.100046>
12. **Liu, D. Y.**, Strube, M. J., & Thompson, R. J. (2024). Do emotion regulation difficulties in depression extend to social context? Everyday interpersonal emotion regulation in current and remitted major depressive disorder. *Journal of Psychopathology and Clinical Science*. 133(1), 61–75. <https://doi.org/10.1037/abn0000877>
11. **Liu, D. Y.**, Springstein, T., Tuck, A. B., English, T., & Thompson, R. J. (2024). Are depressed people motivated to change how they feel? An experience sampling study of emotion regulation goals and motives in current and remitted major depressive disorder. (Abstracts from the 2023 Annual Meeting of the Society for Affective Science: Emotion and Mental Health). *Affective Science*, 5, 1–10. <https://doi.org/10.1007/s42761-023-00229-7>
10. Freitag, S., Au, J. S., **Liu, D. Y.**, Mekawi, Y., & Lamis, D. A. (2024). Do bipolar disorder symptom profiles matter for suicide risk? A latent class approach to investigating differences in suicidal desire and acquired capability. *Suicide and Life-Threatening Behavior*, 54(1), 24-37. <https://doi.org/10.1111/sltb.13013>
9. **Liu, D. Y.**, Springstein, T., Tuck, A. B., English, T., & Thompson, R. J. (2023). Everyday emotion regulation goals, motives, and strategies in current and remitted major depressive disorder: An experience sampling study. *Journal of Psychopathology and Clinical Science*, 132(5), 594-609. <https://doi.org/10.1037/abn0000831>
8. **Liu, D. Y.** & Thompson, R. J. (2023). Do individuals with current and remitted major depression benefit from interpersonal emotion regulation? An experience sampling study. (Abstracts from the 2022 Annual Meeting of the Society for Affective Science_Emotion Regulation). *Affective Science*, 4, 191-198. <https://doi.org/10.1007/s42761-022-00172-z>
7. Zhang, L., Li, M., Yang, Y., Xia, L., Min, K., Liu, T., Liu, Y., Kaslow, N. J., **Liu, D. Y.**, Tang, Y.-L., Jiang, F., & Liu, H. (2022). Gender differences in the experience of burnout and its correlates among Chinese psychiatric nurses during the COVID-19 pandemic: A large sample nationwide survey. *International Journal of Mental Health Nursing*, 31(6), 1480-1491. <https://doi.org/10.1111/inm.13052>
6. Yang, Y., Zhang, L., Li, M., Wu, X., Xia, L., **Liu, D. Y.**, Liu T., Liu, Y., Jiang, F., Tang Y.-L., Liu, H., & Kaslow, N. J. (2022). Turnover intention and its associated factors among psychiatrists in 41 tertiary hospitals in China during the COVID-19 pandemic. *Frontiers in Psychology*, 13, 899358. <https://doi.org/10.3389/fpsyg.2022.8993>
5. **Liu, D. Y.**, Strube, M. J., & Thompson, R. (2022). Age differences in interpersonal emotion regulation seeking behaviors in everyday life. (Top ranked abstracts from the 2021 Annual Meeting of the Society for Affective Science). *Affective Science*, 3, 273-289. <https://doi.org/10.1007/s42761-021-00071-9>
4. **Liu, D. Y.**, Strube, M. J., & Thompson, R. J. (2021). Interpersonal emotion regulation: An experience sampling

study. *Affective Science*, 2, 273–288. <https://doi.org/10.1007/s42761-021-00044-y>

3. Thompson, R. J., **Liu, D. Y.**, Sudit, E., & Boden, M. T. (2021). Emotion differentiation in current and remitted Major Depressive Disorder. *Frontiers in Psychology*, 12, 685851. <https://doi.org/10.3389/fpsyg.2021.685851>

2. **Liu, D. Y.**, Gilbert, K. E., & Thompson, R. J. (2020). Emotion differentiation moderates the effects of rumination on depression: A longitudinal study. *Emotion*, 20(7), 1234-1243. <https://doi.org/10.1037/emo0000627>

1. **Liu, D. Y.**, & Thompson, R. J. (2017). Selection and implementation of emotion regulation strategies in major depressive disorder: An integrative review. *Clinical Psychology Review*, 57, 183-194. <https://doi.org/10.1016/j.cpr.2017.07.004>

MANUSCRIPTS UNDER REVISION, UNDER REVIEW, OR IN PREPARATION

⁺ denotes equal contribution; * denotes students or junior colleagues for whom I served as a mentor

5. Lai, J., **Liu, D. Y.**, Eckland, N. S., Strube, M. J., & Thompson, R. J. (*revision under review*). Examining emotion beliefs in daily life and their links to emotion experiences and regulation.

4. **Liu, D. Y.**, Chapman, C.*, Le, Y. Perry, N. S., & Rhoades, G. K. (*under revision*). Change in relationship status and internalizing symptoms among adolescents: Testing bidirectionality and moderation by gender, age, and sexual orientation.

3. **Liu, D. Y.**, Swerdlow, B. A., Chong, S. Y., Kako, N., Rubin, A., & Perry, N. S. (*under review*). Affect regulation in the context of sexual and gender minority stress: A scoping review protocol.

2. Swerdlow, B. A., Pearlstein, J. G., **Liu, D. Y.**, & Hudson, S. T. J. (*under review*). The importance of embedding diversity science frameworks in affective science.

1. Le, Y., **Liu, D. Y.**, Rhoades, G. K., & Stanley, S. M. (*in prep*). Prospective associations of prenatal relationship happiness and postpartum depression among at-risk low-income couples.

RESEARCH PRESENTATIONS AND TALKS

* denotes students or junior colleagues for whom I served as a mentor for the research project

Upcoming presentations:

42. **Liu, D. Y.**, Bibby, E. S., Brandt, S. A., Sullivan, T. J., Swerdlow, B. A., & Davila, J. (2025, November). *Discrimination and depressive symptoms among sexual minority young adults: The role of relationship status, quality, and support* [Individual oral paper]. To be presented at the Association for Behavioral and Cognitive Therapies 59th Annual Convention, New Orleans, LA, USA.

41. Le, Y., Stanley, S. M., Perry, N. S., **Liu, D. Y.**, Chapman, C., & Rhoades, G. K. (2025, November). Outcomes of a briefer version of Family Expectations: A community-based relationship education. In Le, Y. (Chair), *Impacts of relationship education delivered through community partnerships to couples from various minoritized and marginalized backgrounds*. [Symposium]. To be presented at the Association for Behavioral and Cognitive Therapies 59th Annual Convention, New Orleans, LA, USA.

Completed presentations:

40. Rhoades, G. K., **Liu, D. Y.**, Demers, C., Perry, N. S., Hyer, J., & Davis, E. P. (2025, August). A group-based postpartum depression prevention program (La Luz) for underserved pregnant individuals. In Davis, E. P. (Chair),

Supporting pregnant moms and babies: Evidence-based perinatal programs for marginalized populations [Symposium]. The 2025 American Psychological Association Annual Convention, Denver, CO, USA.

39. **Liu, D. Y.** & Le, Y. (2025, August). *Implementing community-based relationship-focused programs for underserved youth and families*. [Symposium]. The 2025 American Psychological Association Annual Convention, Denver, CO, USA.

38. Dube, N. *, Demers, C., Perry, N. S., **Liu, D. Y.**, Hyer, J., Davis, E. P., & Rhoades, G. K. (2025, August). *Relationship factors and depressive symptoms among socioeconomically disadvantaged pregnant people*. [Poster presentation]. The 2025 American Psychological Association Annual Convention, Denver, CO, USA.

37. Menaker, M. *, **Liu, D. Y.**, Rhoades, G. K., & Davis, E. P. (2025, August). *Relational risk and resilience in the perinatal period: Depression, anxiety and social Support*. [Poster presentation]. The 2025 American Psychological Association Annual Convention, Denver, CO, USA.

36. **Liu, D. Y.**, Swerdlow, B. A., McRae, K., Rhoades, G. K., & Perry, N. S. (2025, March). "Can you believe what just happened?!": A qualitative investigation of interpersonal emotion regulation in the context of minority stress in newlywed LGBTQ+ couples. In Sudit, E. & Ramadurai, R. (Co-Chairs), *Interpersonal emotion processing across close relationships*. [Symposium]. The 2025 Society for Affective Science Annual Conference, Portland, OR, USA.

35. **Liu, D. Y.**, Harlan, D. J., Rubin, A., Swerdlow, B. A., McRae, K., Rhoades, G. K., & Perry, N. S. (2025, March). *Emotion regulation in the context of minority stress: A qualitative study of newlywed sexual and gender minority adults*. [Poster presentation]. The 2025 Society for Affective Science Annual Conference, Portland, OR, USA.

34. Le, Y., **Liu, D. Y.**, Rhoades, G. K., & Stanley, S. M. (2024, November). Prospective associations of prenatal relationship happiness and postpartum depression among at-risk low-income couples. In A. K. Wojda-Burlij (Chair), *Love among the margins: A critical examination of individual and relationship functioning within traditionally under-represented couples*. [Symposium]. The Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA, USA.

33. Chapman, C. *, **Liu, D. Y.**, Miller, J. V. *, Stanley, S. M., & Rhoades, G. K. (2024, November). Thinking about moving in together? How reasons for cohabitation are associated with relationship quality over time. In Brunett, K. M. & Gates, M. (Co-Chairs), *ABCT Couples SIG Student Symposium: Minority Stress and Relationship Functioning*. Symposium abstract submitted for the Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA, USA.

32. Harlan, D., **Liu, D. Y.**, Miller, J. V., Perry, N. S. (2024, November). *After Obergefell*: Associations between marital status and depressive symptoms among cisgender sexual minority couples. In Perry, N. S. (Chair), Identifying modifiable relationship factors to strengthen development and dissemination of health-focused interventions for sexual and gender minority people. Symposium abstract submitted for the Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA, USA.

31. Harlan, D. J., Mali, A., **Liu, D. Y.**, Rubin, A., Smith, T. W., Rhoades, G. K., & Perry, N. S. (2024, November). Queering the aisle: Exploring the marriage and wedding experiences of sexual and gender minority newlywed couples. Poster presentation at the Couples Significant Interest Group (Couples SIG) Poster Session at the Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA, USA.

30. Berkowitz, A. W. *, **Liu, D. Y.**, English, T., & Thompson, R. J. (2024, October). *Momentary associations*

between emotion regulation strategy use and positive affect in major depressive disorder. [Poster presentation]. The Society for Research in Psychopathology 2024 Annual Meeting, Montreal, QC, Canada.

29. Chapman, C.*, **Liu, D. Y.**, Miller, J. V.*, Le, Y., & Rhoades, G. K. (2024, July). *Longitudinal associations between adolescent romantic involvement and internalizing symptoms*. [Poster presentation]. The 2024 International Association for Relationship Research Conference, Boston, MA, USA.

28. Le, Y., Lee, J., **Liu, D. Y.**, Perry, N. S., & Rhoades, G. K. (2024, July). *Sociodemographic disadvantage associated with intervention needs and gains: Findings from the impact study of MotherWise*. [Oral presentation]. The 2024 International Association for Relationship Research Conference, Boston, MA, USA.

27. **Liu, D. Y.**, Springstein, T., Tuck, A. B., English, T., & Thompson, R. J. (2024, June). *Looking beyond the means and into momentary dynamics: Associations between momentary affect and emotion regulation frequency and strategy use in major depressive disorder in everyday life*. [Individual Paper Oral Presentation]. The 2024 Conference of the Society for Ambulatory Assessment, Ann Arbor, MI, USA.

26. Vuksanovich, P.*, Alamo, A.*, **Liu, D. Y.**, Demers, C. Perry, N. S., Rhoades, G. K., Davis, E. P. (2024, April). *We love La Luz! Program perceptions of the La Luz postpartum depression group program among English- and Spanish-speaking pregnant individuals*. The 2024 Rocky Mountain Psychological Association Annual Convention, Denver, CO, USA.

25. Chapman, C.*, **Liu, D. Y.**, Miller, J. V.*, Stanley, S. M., & Rhoades, G. K. (2024, April). *Thinking about moving in together? The moderating effects of reasons for cohabitation on the longitudinal trajectories of relationship functioning*. [Oral presentation]. The 2024 Rocky Mountain Psychological Association Annual Convention, Denver, CO, USA.

****Top ranked research abstract selected for oral presentation***

24. Berkowitz, A. W.*, **Liu, D. Y.**, English, T., & Thompson, R. J. (2024, April). *Interpersonal emotion regulation engagement and successive intrapersonal and interpersonal emotion regulation strategy choice in daily life*. [Poster presentation]. The 2024 Anxiety and Depression Association of America Annual Conference, Boston, MA, USA.

23. **Liu, D. Y.** (2024, March). *Interpersonal emotion regulation in depression: Characteristics, benefits, and implications*. [Invited Awards Symposia Talk]. The 2024 Society for Affective Science Annual Conference, New Orleans, LA, USA.

****Invited to present at the Awards Symposia for winning the 2023 SAS Best Dissertation Award***

22. **Liu, D. Y.**, English, T., & Thompson, R. J. (2024, March). *Where might emotion regulation go awry in adults with major depressive disorder in daily life? Associations between momentary positive affect and emotion regulation strategy use*. [Poster presentation]. The 2024 Society for Affective Science Emotion Regulation Pre-Conference, New Orleans, LA, USA.

21. Thompson, R. J., **Liu, D. Y.**, & Lai, J. (2024, March). Using a multilevel approach to predict the initiation and outcomes of interpersonal emotion regulation in everyday life. In Tamir, M. & Hu, D. (Co-Chairs), *Initiating emotion regulation in daily life*. [Symposium]. The 2024 Society for Affective Science Annual Conference, New Orleans, LA, USA.

20. Lai, J., **Liu, D. Y.**, Eckland, N. S., & Thompson, R. J. (2024, March). Examining emotion beliefs in daily life

and their links to emotion experiences and regulation. In Thompson, R. J., & Lai, J. (Co-Chairs), *Emotion research on emotion beliefs: Bridging work in various domains examining affect and emotion appraisals*. [Symposium]. The 2024 Society for Affective Science Annual Conference, New Orleans, LA, USA.

19. **Liu, D. Y.**, English, T., & Thompson, R. J. (2023, November). Where might emotion regulation go awry in adults with major depressive disorder in everyday life? Associations between positive affect and emotion regulation strategy use. In Clayton, M. (Chair), *Harnessing ecological momentary assessment methods to elucidate emotion regulation skills use in anxiety and mood disorders*. [Symposium]. The Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, WA, USA.

18. **Liu, D. Y.**, English, T., & Thompson, R. J. (2023, September). How much do depressed adults utilize and benefit from social resources to regulate emotion? An experience sampling study of interpersonal emotion regulation in major depressive disorder. In Nook, E. & Thompson, R. J. (Co-Chairs), *The role of interpersonal affective processes in internalizing psychopathology*. [Symposium]. The Society for Research in Psychopathology 2023 Annual Meeting, St. Louis, MO, USA.

17. **Liu, D. Y.**, Springstein, T., Tuck, A. B., English, T., & Thompson, R. J. (2023, March). *Are depressed people motivated to change how they feel? An experience sampling study of emotion regulation goals and motives in current and remitted major depressive disorder*. [Thematic flash talk]. The 2023 Society for Affective Science Annual Conference, Long Beach, CA, USA.

***Top ranked research abstract selected for oral presentation and publication in Affective Science**

16. Kleinman, M. E.*, **Liu, D. Y.** & Thompson, R. J. (2022, September). *Comparison of interpersonal emotion regulation goals and strategies in adults with major depressive disorder and healthy controls*. [Poster presentation]. The Society for Research in Psychopathology 2022 Annual Meeting, Philadelphia, PA, USA.

15. **Liu, D. Y.** & Thompson, R. J. (2022, April). *Do individuals with current and remitted major depression benefit from interpersonal emotion regulation? An experience sampling study*. [Thematic flash talk]. The 2022 Society for Affective Science Annual Conference. Virtual Conference.

***Top ranked research abstract selected for oral presentation and publication in Affective Science**

14. Tuck, A. B., **Liu, D. Y.**, Springstein, T., English T., & Thompson, R. J. (2022, April). *Everyday emotion regulation goals, motives, and strategies in current and remitted major depressive disorder: An experience sampling study*. [Poster presentation]. The 2022 Society for Affective Science Annual Conference. Virtual Conference.

13. **Liu, D. Y.** & Thompson, R. J. (2021, September). *Do individuals with current and remitted major depression benefit from interpersonal emotion regulation? An experience sampling study*. [Poster presentation]. The Society for Research in Psychopathology 2021 Annual Meeting. Virtual Conference.

12. **Liu, D. Y.**, Strube, M. J., & Thompson, R. J. (2021, April). *Age differences in interpersonal emotion regulation seeking behaviors in everyday life*. [Thematic flash talk]. The 2022 Society for Affective Science Annual Conference. Virtual Conference.

***Top ranked research abstract selected for oral presentation and publication in Affective Science**

11. **Liu, D. Y.**, & Thompson, R. J. (2020, April). *What really matters in interpersonal emotion regulation: Strategy or warmth?*. [Thematic flash talk]. The 2020 Society for Affective Science Annual Conference. Virtual Conference.

****Top ranked research abstract selected for oral presentation***

10. Tuck, A. B., **Liu, D. Y.**, & Thompson, R. J. (2020, April). *Interpersonal emotion regulation in individuals with current and remitted major depressive disorder*. [Poster presentation]. The 2020 Society for Affective Science Annual Conference. Virtual Conference.

9. **Liu, D. Y.**, & Thompson, R. J. (2019, April). *How interpersonal emotion regulation in everyday life varies based on gender: An experience sampling study*. [Thematic flash talk]. The 2020 Society for Affective Science Annual Conference, Boston, MA, USA.

****Top ranked research abstract selected for oral presentation***

8. **Liu, D. Y.**, Gilbert, K. E., & Thompson, R. J. (2018, September). *Emotion differentiation moderates the effect of rumination on depression: A longitudinal study*. [Poster presentation]. The Society for Research in Psychopathology 2019 Annual Meeting, Indianapolis, IN, USA.

7. **Liu, D. Y.**, & Thompson, R. J. (2018, April). *Does rumination always predict increases in depression? The moderating effect of emotion differentiation*. [Poster presentation]. The 2018 Society for Affective Science Annual Conference, Los Angeles, CA, USA.

6. **Liu, D. Y.**, & Thompson, R. J. (2017, July). Selection and implementation of emotion regulation strategies in major depressive disorder: An integrative review. In Thompson, R. J. (Chair), *Emotional processes in depression*. [Symposium]. The International Society for Research on Emotion 2017 Conference, St. Louis, MO, USA.

5. **Liu, D. Y.**, & Thompson, R. J. (2017, February). *Emotion regulation in major depressive disorder: A review*. [Oral presentation]. The Clinical Science Seminar, Washington University in St. Louis, MO, USA.

4. **Liu, D. Y.**, Zisook, S., Weingart, K., & Young, I. (2015, May). *Social contact and cross-cultural adjustment of Asian international students*. Symposium talk given at the Stanford Annual Undergraduate Psychology Conference, San Francisco, CA, USA.

3. **Liu, D. Y.**, Zisook, S., Weingart, K., & Young, I. (2015, April). *Social contact and cross-cultural adjustment of Asian international students*. Symposium talk given at the UC San Diego Annual Undergraduate Research Conference. San Diego, CA, USA.

2. **Liu, D. Y.**, Zisook, S., Weingart, K., & Young, I. (2015, April). *Social contact and cross-cultural adjustment of Asian international students*. UCSD Psychology Honors Poster Session, San Diego, CA, USA.

1. Bergen, H., Inukai, S., Jia, J., & **Liu, D. Y.** (2014, June). *Conceal or reveal: Does publicizing goals lead to achievement?* UCSD Psychology Honors Poster Session. San Diego, CA, USA.

MEDIA COVERAGE

Menaker, M., Liu, D. Y., Davis, E. P., & Rhoades, G. K. (September, 2025). What kind of support do you have? Understanding relational risk and resilience in the perinatal period. Invited newsletter article published at *the Feminist Psychologist: Newsletter of the Society for the Psychology of Women*.

Sung, A. (September, 2023). A little help from our loved ones: Everyday interpersonal emotion regulation in depression. *Society for Affective Science Issue 4 - Science Feature 1*. Retrieved from <https://society-for-affective-science.org/issue-4-science-feature-1/>

Woolston C. (July, 2023). People experiencing depression actively fight to manage their emotions. *Ampersand*. Retrieved from <https://artsci.wustl.edu/ampersand/people-experiencing-depression-actively-fight-manage-their-emotions>

Jefferson, B. (December, 2021). How do others help us regulate emotions? *The Source*. Retrieved from <https://source.wustl.edu/2021/12/how-do-others-help-us-regulate-emotions>

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
Society for Affective Science
Society for Research in Psychopathology
American Psychological Association, Society for Couple and Family Psychology (Division 43)

PROFESSIONAL SERVICES

Diversity, Equity, Inclusion (DEI) services

- 2024-2025 Departmental DEI Committee Member, Department of Psychology, University of Denver
- 2021-2022 Member, Atlanta Behavioral Health Advocates, Department of Psychiatry and Behavioral Sciences, Emory University

Conference leadership roles

- 2023-Present Abstract Committee Member, Society for Affective Science
- 2023-2025 Program Co-Chair, American Psychological Association, Society for Couple and Family Psychology (Division 43)

Invited peer review: reviewed a total of **21** manuscripts submitted to the following journals:

- *Emotion* (reviewed 4 manuscripts in 2024; 5 in 2023, 1 in 2022, 2 in 2021)
- *Affective Science* (1 manuscript in 2023, 1 in 2020)
- *Behaviour Research and Therapy* (reviewed 2 manuscripts in 2023)
- *Cognition and Emotion* (reviewed 2 manuscripts in 2023)
- *Personality and Individual Differences* (reviewed 1 manuscript in 2023, 1 in 2021)
- *Frontiers in Psychology* (reviewed 1 manuscript in 2021, 1 in 2017)

PREVIOUS RESEARCH EXPERIENCE

University of Denver, Institute for Relationship Science

Denver, CO

Postdoctoral Fellow

August 2023 – July 2025

Research Mentors: Galena Rhoades, PhD; Nicholas Perry, PhD; Yunying (Annie) Le, PhD; Scott Stanley, PhD

Project: La Luz (a federally funded randomized control trial testing the effectiveness of virtual versus in-person delivery of group-based postpartum depression prevention program among socioeconomically disadvantaged and racially and ethnically minoritized pregnant individuals: Co-PI: Rhoades, Co-I: Perry)

- Contributed to project management, data analysis, and research dissemination

Project: Loveallways (a federally funded longitudinal, multimethod study examining relationship and mental health, and stress and resilience of newly married LGBTQ+ couples; PI: Perry)

- Contributed to the study design, subject recruitment, and project management

Projects: Evaluations of various community-based relationship education programs

- Conducted statistical analyses and write annual reports to evaluate the effectiveness and implementation of various community-based relationship education programs serving adolescents, adults, and couples, many of whom are from historically underserved and minoritized populations

Other responsibilities:

- Led independent research projects based on existing research data
- Mentored graduate students and undergraduate research assistants on independent projects

Stony Brook University Consortium Postdoctoral Fellowship Program

Stony Brook, NY

Clinical/Research Postdoctoral Fellow

August 2022 — July 2023

Research Mentor: Joanne Davila, Ph.D.

Project: Better Understanding Needs & Sex Study (a daily diary study investigating how romantic partners communicate about sex, needs, and emotions among young adults with diverse sexual and gender identities and relationship structures)

- Contributed to the study design, data piloting, and project management

Other research activities:

- Conducted literature reviews and contribute to manuscript preparation, including invited chapter “Committed Relationships and Couples” for the next edition of the APA Handbook of Depression

Emory University, the Department of Psychiatry and Behavioral Science

Atlanta, GA

Global Health Research Collaborator

July 2021 — June 2022

Research Mentors: Nadine Kaslow, Ph.D., ABPP; Yilang Tang M.D., Ph.D.

Project: Developing Wellness Toolkit for Healthcare Workers in China (a mixed-methods study aimed to address mental health needs of Chinese healthcare workers during COVID-19 pandemic)

- Contributed to study design, data management and analyses, and manuscript preparation
- Participated in monthly research meetings with U.S. and Chinese collaborators

Other research activities:

- Contributed to the preparation of multiple manuscripts examining psychological well-being of Chinese healthcare workers during the COVID-19 pandemic based on national survey

Washington University, Emotion and Mental Health Lab

St. Louis, MO

Graduate Student Researcher

June 2016 — August 2022

Research Advisor: Renee J. Thompson, Ph.D.

Project: Emotion and Decision Making Study (an experience sampling study examining everyday emotional experiences in adults with major depressive disorder and healthy controls)

- Designed experience sampling items measuring interpersonal emotion regulation
- Conducted 119 semi-structured diagnostic interviews to determine participants’ eligibility

Project: Emotions and Couples Study (a laboratory-based pilot study I designed to examine interpersonal emotion regulation among married couples)

- Developed a novel behavioral coding scheme to quantify interpersonal emotion regulation
- Trained undergraduate research assistants to run participants and apply the coding scheme to video-recorded couples’ discussions, held consensus meetings, and analyzed data

Project: Emotions and Finances Study (a large longitudinal study examining various aspects of adults’ everyday emotional experiences)

- Conducted secondary analyses of existing data from this longitudinal study to examine my research questions related to rumination, emotion differentiation, and depression

Other general responsibilities and activities:

- Conducted systematic reviews of literatures for various projects, including a published integrative review on emotion regulation and depression in *Clinical Psychology Review*
- Disseminated research via peer-reviewed publications and conference presentations
- Provided mentorship to junior graduate students and undergraduate research assistants

VA San Diego Healthcare System

San Diego, CA

Clinical Research Assistant

August 2014 – April 2016

Project: Optimizing Treatment of Complicated Grief (the HEAL study) (Sidney Zisook, M.D.)

- Managed electronic databases, including maintaining data on StudyTRAX and ensuring consistency of study data across different locations
- Systematically organized study files, reported missing records, and updated study records
- Securely transferred confidential electronic records within the VA database
- Assisted with preparing presentation materials such as video cropping and editing
- Attended meetings to closely observe healthcare professionals

Northwestern University, the Family Institute

Evanston, IL

Summer Research Intern

June 8, 2015 – July 31, 2015

Project: Depression, Anxiety, Relationship Distress and Couples (Lynne Knobloch-Fedders, Ph.D.)

- Performed data coding and entry using Excel and transcribed research videos
- Conducted statistical analyses (Kappa, ICC, and sequential analysis) using SPSS
- Participated in scientific discussions of research findings during weekly lab meetings

Project: Measuring Between Session Activity in Therapy (Kelley Quirk, Ph.D.)

- Collaborated on designing a new clinical scale that measures couples' therapy-related thoughts and activities outside couple therapy sessions

Project: Perfectionism in College Students (Jessica Pryor, Ph.D.)

- Conducted a comprehensive literature review on the link between maladaptive perfectionism and suicidality among college students and created annotated bibliography

Other Undergraduate Research Experiences:

Carnegie Mellon University, the Center for Behavioral and Decision Research

Pittsburgh, PA

Summer Research Intern

June 15, 2014 – July 25, 2014

UC San Diego, the Language Production Lab

San Diego, CA

Undergraduate Research Assistant

September 2012 – June 2014

UC San Diego, the Language and Cognition Lab

San Diego, CA

Undergraduate Research Assistant

April 2014 – June 2014

FORMAL CLINICAL INTERNSHIP & PRACTICUM EXPERIENCE

Licensed Psychologist, the State of New York (license #: 025900)

August 2023 – present

Stony Brook University Consortium Postdoctoral Fellowship Program

Stony Brook, NY

Clinical Research Postdoctoral Fellow

August 2022 – July 2023

Settings: Academic medical center (outpatient) and community outpatient clinic

Clinical supervisors: Joanne Davila, Ph.D. (CBT orientation)

Dina Vivian, Ph.D. (CBT orientation)
Adam Gonzalez, Ph.D. (CBT orientation)
Benjamin Warach, Ph.D. (ACT orientation):

- Conducted intake assessments and provide evidence-based individual therapy (e.g., CBT, ACT) for adults with various presenting concerns such as depression, anxiety, and trauma
- Provided outpatient couples therapy (e.g., IBCT, EFCT) for adult couples to address various relationship concerns related to communication, conflict, and relationship trauma
- Co-led outpatient group therapy related to stress management and resiliency training

Emory University School of Medicine

Atlanta, GA

Clinical Psychology General Track Intern

July 2021 – June 2022

Settings: Academic medical center (inpatient, outpatient, and integrated care settings)

Clinical supervisors: Nadine Kaslow, Ph.D., ABPP (integrative orientation)

Eugene Farber, Ph.D., ABPP (integrative orientation)

Chanda Graves, Ph.D., ABPP (psychodynamic orientation)

Keith Wood, Ph.D., ABPP (integrative orientation)

Dorian Lamis, Ph.D., ABPP (CBT orientation)

Rotations: Couple and Family Elective Rotation (July – October 2021)

Adult Rotation (November 2021 – February 2022)

Child Rotation (March – June 2022)

- Provided outpatient individual psychotherapy for adults with a wide range of psychiatric disorders, including depression, anxiety, PTSD, schizophrenia, and personality disorders
- Provided couple/family therapy in inpatient (Consultation-Liaison Service and the Burn Unit) and outpatient (Pediatric HIV clinic and the Grady Nia Project) settings, addressing topics including communication, infidelity, violence, and coping with health crises and illnesses
- Participated in a 6-month weekly training experience on systemically based family therapy
- Co-led outpatient groups including ACT, DBT, CBSST, and healthy relationship groups
- Led/co-led inpatient groups on the Inpatient Psychiatric and Crisis Intervention Services
- Provided brief assessments and interventions as part of an interdisciplinary primary care team
- Provided psychological services for children and youth in an outpatient Pediatric HIV clinic
- Provided inpatient consultation for pain management at Children's Healthcare of Atlanta
- Conducted diagnostic assessments for clients with complex presentations
- Supervised practicum students and receive training in providing supervision

St. Louis Psychiatric Rehabilitation Center, Transitional Rehabilitation Program

St. Louis, MO

Graduate Student Therapist

September 2019 – May 2021

Setting: Inpatient psychiatric hospital (majority of clients are committed by the court for being found not guilty by reason of insanity or permanently incompetent to stand trial)

Clinical supervisor: Lily Raymond, Ph.D. (integrative orientation)

- Provided individual psychotherapy to forensic clients with severe mental illnesses, including schizophrenia, schizoaffective disorder, antisocial personality disorder, narcissistic personality disorder, bipolar disorder, and comorbid substance use disorder
- Co-led group psychotherapy focusing on topics including legal issues and risk management
- Conducted semi-structured assessments related to clients' personal safety plans

- Participate in weekly treatment and discharge meetings with interdisciplinary team members (e.g., psychiatrist, psychologist, social workers, recreational therapists, nutritionist, and nurses)
- Attended weekly forensic review meetings where interdisciplinary forensic team members assess clients' readiness for living in the community and evaluate former clients' well-being

Washington University Psychological Service Center

St. Louis, MO

Graduate Student Therapist

August 2017 – May 2021

Setting: Community outpatient clinic (a sliding-scale clinical affiliated with the university)

Clinical supervisors: Carol Dyer, Ph.D. (psychodynamic orientation; 2020 – present)

Alice Aslin, Ph.D. (CBT orientation; 2019 – 2020)

Brian Carpenter, Ph.D. (systems/family therapy orientation; 2018 – 2019)

Thomas Rodebaugh, Ph.D. (CBT orientation)

- Conducted comprehensive intake interviews and assessments for new clients, using the Structured Clinical Interview for DSM-5 Axis I Disorders (SCID-5), Structured Interview for DSM-IV Personality (SIDP-IV), and Minnesota Multiphasic Personality Inventory (MMPI)
- Formulated treatment plans and provide individual therapy using evidence-based treatments (e.g., CBT, BA, MI, ACT, and DBT) to adult outpatient clients with depression, various anxiety disorders, dissociative disorder, insomnia, and other presenting concerns (e.g., regret, relationship distress, adjustment-related stress).
- Provided evidence-based couples therapy (Gottman Method, integrative behavioral couple therapy) for adult couple clients with intimate partner relationship distress
- Administered weekly self-report measures such as the Beck Depression Inventory and client feedback questionnaire to monitor treatment progress and therapeutic alliance
- Completed intake reports, termination reports, and progress notes

Washington University Psychological Service Center

St. Louis, MO

Neuropsychological Testing Student

August 2016 – August 2019

Setting: Community outpatient clinic

Clinical supervisors: Denise Head, Ph.D. and Desirée White, Ph.D.

- Conducted clinical interviews and administered neuropsychological assessments for adults seeking testing for ADHD, learning disabilities, and other educational problems, using tests including the Wechsler Adult Intelligence Scale–Fourth Edition (WAIS-IV), Woodcock Johnson IV Tests of Achievement (WJ-IV), Wechsler Individual Achievement Test–Third Edition (WIAT-III), Conners Continuous Performance Test–3rd Edition (CPT-3), Diagnostic Interview for ADHD in adults (DIVA), California Verbal Learning Test–Third Edition (CVLT-III), Rey Complex Figure Test, and Conners Adult ADHD Rating Scale (CAARS)
- Scored and interpreted assessment data and produced integrated assessment reports
- Provided written and verbal feedback of assessment findings and recommendations to clients

Washington University Sleep Medicine Center

St. Louis, MO

Graduate Student Sleep Therapist

May 2019 – August 2019

Setting: Academic medical center

Clinical supervisor: Amy Bertelson, Ph.D. (CBT orientation)

- Provided evidence-based treatments for adults with sleep problems or disorders, including CBT for insomnia, Imagery Rehearsal Therapy for nightmares, behavioral interventions and anticipatory awakenings for sleepwalking, and CPAP desensitization for sleep apnea
- Provided co-therapy with a licensed psychologist and a neurologist to learn about and received feedback on providing evidence-based treatments for sleep problems

St. Louis Behavioral Medicine Institute, Center for OCD and Anxiety-Related Disorder **St. Louis, MO**
Graduate Student Therapist **September 2018 — May 2019**

Setting: Intensive outpatient program

Clinical supervisors: C. Alec Pollard, Ph.D. and Emily Gorzalski, Psy.D. (both CBT orientation)

- Provided evidence-based treatments (ERP, CBT, BA, DBT, ACT, mindfulness) for adults and adolescents who receive daily treatments for OCD, GAD, SAD, PD, BDD, depression, specific phobias, hoarding disorder, dissociative disorder, and borderline personality disorder
- Conducted weekly phone assessments to evaluate prospective clients' presenting problems and treatment goals to determine appropriateness for intensive outpatient level of care
- Participated in weekly case conceptualization meetings and didactic seminars

Saturday Neighborhood Health Clinic, the Family Care Health Center **St. Louis, MO**
Behavioral Health Consultant **September 2018 — May 2019**

Setting: Free medical clinic run by Washington University medical students

Clinical supervisor: Brian Carpenter, Ph.D. (systems/family therapy orientation)

- Provided brief psychological assessments and behavioral medicine interventions (counseling and psychoeducation for various topics such as smoking cessation and sexual health, motivational interviewing, and referrals to mental health) to low-income, uninsured individuals from the St. Louis community
- Worked as part of an interdisciplinary team comprised of medical students, psychology students, and undergraduate care managers to develop inter-professional competence
- Engaged in interdisciplinary supervision with licensed psychologists and physicians

TEACHING EXPERIENCE

University of Missouri-St. Louis, the Department of Psychological Sciences **St. Louis, MO**
Instructor for the following courses **August 2025-Present**

- **Multicultural Issues in Clinical Psychology** (Fall 2025)

The University of Denver, the Department of Psychology **Denver, CO**
Guest Lecturer for Couples Relationship Education and Therapy **May 2024**

Instructor: Howard Markman, Ph.D.

- Gave a guest lecture on the use of mobile sensing technology in couples research and treatment and led class discussions based on assigned readings and lecture materials

Washington University, the Department of Psychological and Brain Sciences **St. Louis, MO**
Assistant to the Instructor for Experimental Psychology **January 2020 — May 2020**

Instructor: John Nestojko, Ph.D.

- Served as the assistant to the instructor for an undergraduate course that teaches students how to conduct psychological research, conduct basis statistical analysis, and write APA-style research papers

- Provided assistance and guidance for students' group projects in class and during weekly office hours
- Designed exam questions, graded exams, and provided feedback for students' research papers
- Guided students through their group research project design, analysis, and write-up
- Gave a guest lecture on the experience sampling method

Washington University, the Department of Psychological and Brain Sciences

St. Louis, MO

Assistant to the Instructor for Psychological Assessment I

September 2019 – December 2019

Instructor: Desirée White, Ph.D.

- Served as the assistant to the instructor for a graduate-level neuropsychological assessment course (Psych 5112 Psychological Assessment I) taken by first-year clinical doctoral students
- Led weekly classes where I trained students to administer, score, and interpret various tests (WAIS-IV, WIAT-III, CPT-3, CAARS, and CVLT-III) via both paper/pencil and iPads
- Provided informal supervision and feedback to students regarding their skills in administering tests, ability to score and interpret assessment data, and assessment reports
- Arranged assignments of clients and peer supervisors for students
- Met the instructor weekly to discuss course progress and students' performance

Washington University, the Department of Psychological and Brain Sciences

St. Louis, MO

Clinical Course Mentor

February 2018 – February 2020

Psych 5113 Psychological Assessment II (2018, 2019, 2020; Instructor: Erin Lawton, Ph.D.)

- Role-played clients in a graduate-level assessment class so that more junior clinical doctoral students could practice administering semi-structured interviews including SCID-5 and SIDP-IV in Spring 2018, 2019 and 2020
- Provided feedback on the roleplays to the student and the assistant to the instructor

Psych 545 Introduction to Psychological Treatments (2018, 2019; Instructor: Erin Lawton, Ph.D.)

- Served as a guest panelist in a graduate-level treatment class to share experiences with more junior clinical psychology doctoral students about how diversity factors had influenced my case conceptualization and clinical practice
- Role-played suicidal clients to so that more junior clinical doctoral students could practice risk assessment and safety planning and provided feedback, as well as shared experiences of working with suicidal clients

Psych 3501 Psychotherapy: Introduction to Practice and Research (2018; Instructor: Thomas Rodebaugh, Ph.D.)

- Served as a guest panelist in a large undergraduate class to share my experiences of working with clients of diverse background as well as to discuss how diversity factors had influenced my clinical practice and how I handled differences between clients and myself